

**Seminar 1:**

Understanding Depression in Children and Young People

**Cost: \$60**  
Morning tea provided

**Date: Monday 17 March 2014**  
9.30am – 1pm

**Venue: HRH Lecture Theatre**  
Austin Health Heidelberg Repatriation Hospital  
300 Waterdale Rd Heidelberg West

*Clinicians from Austin CAMHS will present an overview of depression in childhood and adolescence. This seminar aims to build an understanding of the nature of depression, outline evidence based treatments and provide some practical strategies to support young people who may be experiencing depression. (Please note that specific treatment techniques will NOT be covered).*

**Seminar 2:**

Understanding Self Harm and Non-Suicidal Self Injury in Young People

**Cost: \$60**  
Morning tea provided

**Date: Monday 19 May 2014**  
9.30am – 1pm

**Venue: HRH Lecture Theatre**  
Austin Health Heidelberg Repatriation Hospital  
300 Waterdale Rd Heidelberg West

*An overview of self-harm and non-suicidal self injury in adolescents will be provided by experienced clinicians from the Austin CAMHS. This seminar will aim to explore what self-harming behaviour is, possible underlining causes of this behaviour as well as provide some practical strategies to support young people who may be exhibiting such behaviours.*

**Seminar 3:**

Navigating Austin CAMHS and the Mental Health Care System for Children and Young People

**FREE Seminar**  
Morning tea provided

**Date: Wednesday 18 June 2014**  
9.30am – 1pm

**Venue: HRH Lecture Theatre**  
Austin Health Heidelberg Repatriation Hospital  
300 Waterdale Rd Heidelberg West

*The Austin CAMHS Mental Health Promotion Officers (MHPO) along with CAMHS Clinicians will provide an introduction to Austin CAMHS and navigating the mental health services within the Austin LGA catchment area (Banyule, Boroondara, Darebin, Nillumbik, Whittlesea and Yarra). This seminar aims to provide participants with a better understanding of services which may be available to children, adolescents and families and how and when to refer.*

**Seminar 4:**

Understanding Oppositional and Aggressive Behaviours in Children and Young People

**Cost: \$60**  
Morning tea provided

**Date: Monday 18 August 2014**  
9.30am – 1pm

**Venue: HRH Lecture Theatre**  
Austin Health Heidelberg Repatriation Hospital  
300 Waterdale Rd Heidelberg West

*This seminar will explore oppositional and aggressive behaviours in children and young people. Presented by clinicians from Austin CAMHS, this seminar aims to build an understanding of the nature and possible causes of oppositional, defiant and aggressive behaviours in children and young people and provide some practical strategies to support young people who may be displaying such behaviours.*

**Seminar 5:**

Responding to Trauma and Abuse in Children and Adolescents

**Cost: \$60**  
Morning tea provided

**Date: Monday 27 October 2014**  
9.30am – 1pm

**Venue: HRH Lecture Theatre**  
Austin Health Heidelberg Repatriation Hospital  
300 Waterdale Rd Heidelberg West

*In this seminar, participants will gain an understanding of the impact trauma and abuse can have on children and adolescents as well as information regarding how to inquire about possible abuse and trauma and outline evidence based treatments available to assist children and adolescents who may have experienced trauma and abuse. Information will be provided on how to respond to trauma and abuse including ideas regarding how to inquire about suspected abuse or trauma.*

## Information for Seminar Participants

### Who are these seminars for?

These seminars are intended to provide an introduction and overview of a range of mental health conditions affecting children and adolescents. They are aimed primarily at school professionals (e.g., teachers, student welfare co-ordinators etc) who wish to increase their understanding of mental health conditions and issues which may be impacting on students. However, community clinicians, mental health workers, youth workers and other professionals will also find these seminars very beneficial.

### How do I register?

Participants are able to register for any of the seminars by completing the attached registration form. Please note registration for each seminar will close *one week* before the commencement of the seminar. Places are limited so please book early to avoid disappointment. Prior payment is required to guarantee registration and registration cannot be confirmed until payment has been received. You will receive a confirmation email once your registration has been processed. Please present this email when registering on the day.

Completed registration forms, including payment details, can be returned by mail or fax to:

Austin CAMHS Professional Development Seminars  
Austin CAMHS – CASEA Team  
Level 1, South Wing, Centaur Building  
300 Waterdale Rd  
Heidelberg West VIC 3081  
Fax: (03) 9496 2063

### Seminar Venue

All Seminars will be held in the **Heidelberg Repatriation Hospital (HRH) Lecture Theatre**

North Wing, Heidelberg Repatriation Hospital  
300 Waterdale Rd  
Heidelberg West VIC 3081

### Registration and Attendance

Registration for seminars will close *one week* prior to the scheduled seminar. Cancellation fees will apply if you register and are then unable to attend. Registration is transferable to another member of your team or work organisation, however, only for the seminar you have registered for.

Registration will begin 15 minutes before the scheduled commencement of the seminar.

### Transport details

**Train.** Ivanhoe train station, on the Hurstbridge Line, is a short bus journey away from the Heidelberg Repatriation Hospital. Visitors catching a Hurstbridge line train to Ivanhoe station may catch the number 548 - Kew (Cotham Road) - La Trobe University Bundoora bus from the station to Waterdale Road.

**Bus.** The following bus routes stop near the Austin Health Heidelberg Repatriation Hospital: 551, 903, 517, 548, 513, 546.

**Car Parking.** Parking is available in the Bell St Car park (Enter from Gate 8 on Waterdale Rd). This is a coin operated car park which costs \$4 per day. Only coins are accepted. Parking is also available in the Centaur and Tobruk car park which is located off Banksia St and incurs a fee of approximately \$10 a day. Both car parks are within walking distance to the lecture theatre. There is limited free parking available in the streets around the hospital and restrictions may apply.

### Who can I contact for more information?

Please contact Theofani Wilson-Brown on telephone 9496 2822 or email [Fani.Wilson-Brown@austin.org.au](mailto:Fani.Wilson-Brown@austin.org.au) for more information.





## REGISTRATION FORM / TAX INVOICE

ABN: 96 237 388 063

**Upon registration and payment this document becomes a Tax Invoice/Receipt.**

**Please retain a copy as no further receipts will be issued.**

**PLEASE PRINT DETAILS CLEARLY.**

**Payment must accompany registration form for attendance to be guaranteed.**

Name: \_\_\_\_\_ Discipline: \_\_\_\_\_

Name of Workplace: \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Post Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Dietary constraints: (please tick)

Vegetarian  Coeliac / wheat intolerant  Dairy intolerant  Other \_\_\_\_\_

### **Registration Price** (*price includes GST*)

\$60 per person per seminar\*

I would like to register for (please tick):

- Seminar 1: *Understanding Depression in Children and Young People (\$60)*
- Seminar 2: *Understanding Self Harm and Non-Suicidal Self Injury in Young People (\$60)*
- Seminar 3: *Navigating Austin CAMHS and the Mental Health Care System for Children and Young People (Free)*
- Seminar 4: *Understanding Oppositional and Aggressive Behaviours in Children and Young People (\$60)*
- Seminar 5: *Responding to Trauma and Abuse in Children and Adolescents (\$60)*

### **Method of Payment**

Complete Registration slip with:

Cheque/Money Order: Please make payable to: *Austin Health CAMHS Professional Development Seminar Series*

Visa  Mastercard  BankCard \* Please note a 2% surcharge is incurred for credit card payments

Name on Card: \_\_\_\_\_ Credit Card #: \_\_\_\_\_

Card Expiry Date: \_\_\_\_\_ Authorised Amount: \$ \_\_\_\_\_

Signature of Card Holder: \_\_\_\_\_

### **Cancellation and Refund Policy:**

50% of registration fee forfeited if cancellation received more than 48 hours before the program.

100% of registration fee forfeited if cancellation received less than 48 hours before the program or for non-attendance. Cancellations must be received in writing.

Austin Health reserves the right to cancel this seminar with full refund.

I understand the Cancellation and Refund Policy and accept these conditions.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Forward Registration to Attention:**

Austin CAMHS Professional Development Seminar Series

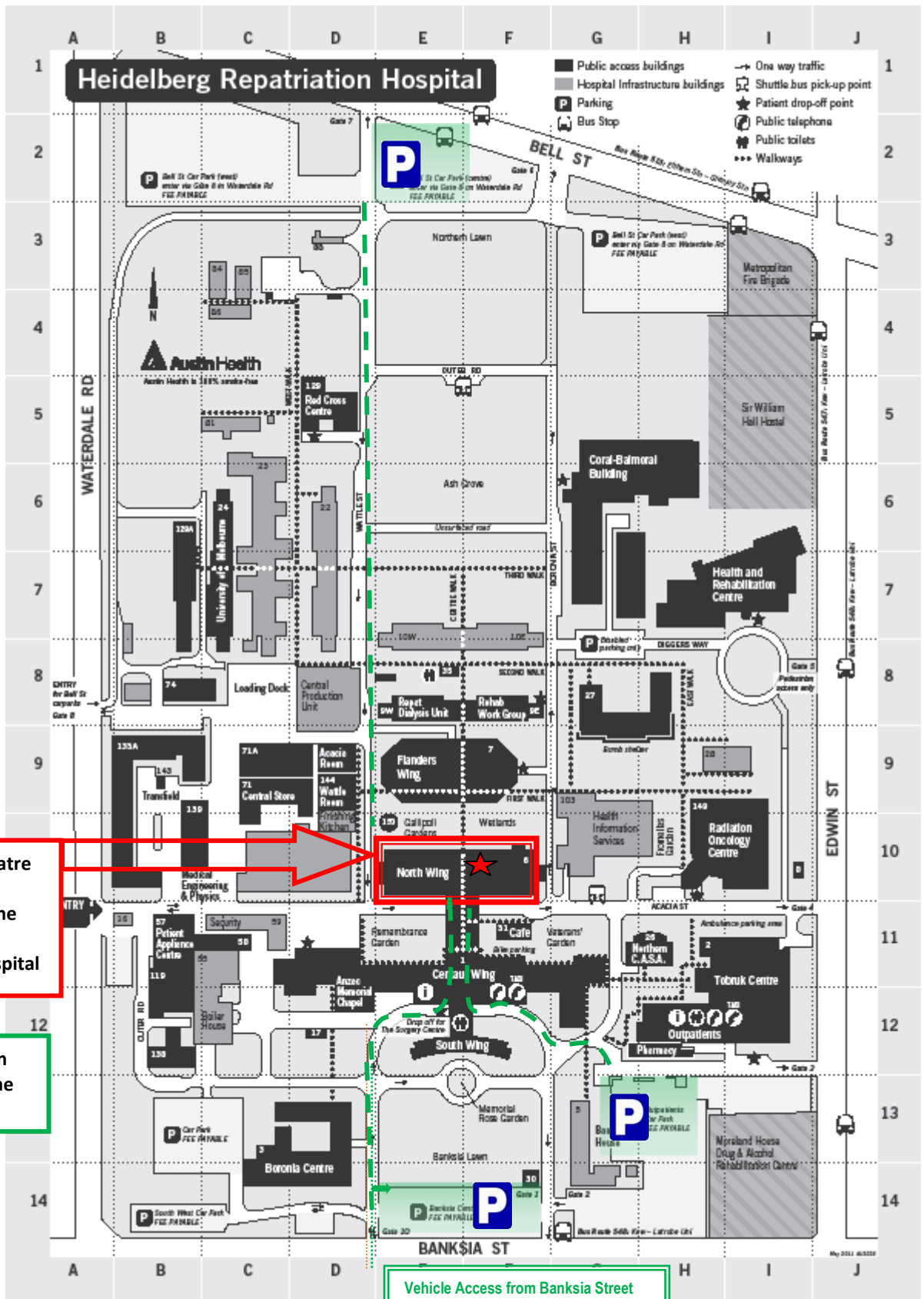
Austin CAMHS – CASEA Team

Level 1, South Wing, Centaur Building

300 Waterdale Rd

Heidelberg West VIC 3081

Fax: (03) 9496 2063



HRH Lecture theatre is located in the North Wing on the Heidelberg Repatriation Hospital

Follow the green dotted line to the lecture theatre.

Vehicle Access from Banksia Street