

Intake Process

Initial contact – Generally occurs through phone contact with the young mother or expecting mother with their worker or advocate present.

Self Referrals are welcome.

Intake interview – An opportunity for the young mother and baby or expecting mother to get to know more about Lighthouse and for Lighthouse to get to know about the young mother and baby or expecting mother so that we can decide whether Lighthouse can provide the best level of care or is the best destination at the time.

Resident in waiting – On completion of the interview, the mother and baby or expecting mother is placed on a waiting list and maintains a relationship with Lighthouse to support transition into the program.

Vacancies – When a vacancy is available in a Lighthouse home, all the potential residents in waiting are reviewed to determine whether Lighthouse and the available home is the best option for the young mother and baby or expecting mother.

Psycho-social Screen – Young mother or expecting mother meets with a Lighthouse psychologist who listens to their story, and identifies additional supports to make sure that Lighthouse is the most supportive option.

Entry to the home - Young mother and baby or expecting mother are now ready to move in and continue their journey as a member of the Lighthouse community.

The young mother and baby or expecting mother is introduced to key support workers.

Lighthouse Foundation

Programs

Therapeutic Family Model of Care
Adult Community Transition Program
Outreach and After Care Program
Psychological Wellness Program
“I Can Cope” Program
Home for Mothers and Babies
Professional Development Program

*“I feel very privileged to have been here.
I now love having the depths and the heights in my life
because I feel alive every day
and know I can cope even when it’s bad”*
Former Lighthouse Resident



Lighthouse Foundation

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Fax: 9093 7555

www.lighthousefoundation.org.au

Home for Mothers & Babies Program



Giving Homeless Kids a Future

Lighthouse Foundation

Home for Mothers and Babies Program

The **Lighthouse Foundation** provides an integrated model of care and therapeutic support for homeless young people who come predominately from a background of long-term neglect and abuse.

The Lighthouse Program is designed to support young people within all dimensions of their lives. This may include health, education, self-identity, relationships, social skills, emotional development and self-care.

The Home for Mothers and Babies program provides long term supported accommodation for young women who are pregnant or parenting infants and who are homeless or at risk of homelessness.

The program provides young mothers and their babies intensive support as well as providing an environment of enrichment and stability to enhance the development, across all domains, of the infant.

Lighthouse provides life membership to young people entering it's programs. This means that even when a young person moves out of a Lighthouse home, you can still remain connected to the Lighthouse Community through the Outreach program.

Our VISION

Ending youth homelessness together

Our MISSION

To increase the availability of the Lighthouse Foundation's Model of Care to homeless young people throughout Australia

Eligibility and Referral

Eligibility criteria:

- History of homelessness
- Limited access to long-term safe accommodation
 - Limited support networks
 - Aged 15 to 22 years of age
- Pregnant (last trimester) or parenting an infant (0-6mths)
 - Ability to manage substance use
 - Established mental health plan
- No history of sexual offending or significant violence against others
- Preparedness to undertake psycho-social screening by Lighthouse psychologist
- Willingness to commit to an Family Development Plan
 - Willingness to attend counselling

To Apply: Download a form from the website or we can fax it to you for completion

www.lighthousefoundation.org.au

Completed referral should be faxed to 9093 7555 marked

CONFIDENTIAL

Attention to Community Care

Self Referrals Contact: 9093 7500

My experience of Lighthouse

Carer- "The relationships I have built with the young people have been so rewarding. The Lighthouse program supports them to achieve their goals, helping them become independent ...it's the reason I wanted to be a carer."

Young Person- "My life was all over the place before I found a stable home at Lighthouse. My carer believes in me and I have achieved the goals in my plan. When I leave I know I can still stay in touch and that's really important as I have strong relationships here".

