

YARRA MENTAL HEALTH ALLIANCE PRESENTS...

SERVICES WALKING TOUR

1. Aged Care Services

- a. Salvation Army's Community Aged Care Program** ☞ Offers a variety of support services to aged people with complex care needs ☞ 9417 5977 ☞ 72 Gertrude St, Fitzroy
- b. Sumner House Aged Care** ☞ Brotherhood of St Laurence aged care ☞ 1300 147 147 ☞ 128 Fitzroy St, Fitzroy ☞ www.bsl.org.au/sumner-house

2. Mental Health Services

- a. Clarendon Clinic** ☞ Provides a range of support and services for people dealing with a mental health issue, connected to St Vincent's ☞ 9417 5696 ☞ 52 Albert St, East Melbourne ☞ www.svhm.org.au
- b. Co Health** ☞ Mental Health Outreach Service and Community Health Centre ☞ 9411 4333 ☞ 365 Hoddle St, Collingwood ☞ www.cohealth.org.au
- c. Doorway Program (MI Fellowship)** ☞ Housing & recovery program for people with a mental illness, who wish to live in private rental. ☞ 0417 787 189 (Julie) 0437 228 174 (Liz) ☞ 52 Albert St, East Melbourne (Clarendon Clinic) ☞ www.mifellowship.org
- d. Headspace** ☞ Provides free support to young people (12-25) experiencing mental health issues (inc. fully accredited GP service) ☞ 9417 0150 ☞ Lvl 1 Victoria Park (Social Club Building), Cnr Lulie & Abbot Sts, Abbotsford ☞ www.headspace.org.au

- e. Mind-ICSP Inner North**** ☞ Personalised support packages for individuals in Inner North, 16-64 yrs ☞ Main office-Level 2, 76-80 Turnham Avenue, Rosanna Vic ☞ www.mindaustralia.org.au
- f. NEAMI** ☞ Community mental health service ☞ 8679 9140 ☞ Lvl 1, 260 Hoddle St, Abbotsford ☞ www.neaminational.org.au
- g. North Fitzroy Prevention and Recovery Care (PARC)**** ☞ Provides short to medium term residential support for people with a mental illness. ☞ 8481 3800 ☞ 658 Nicholson Street, North Fitzroy.
- h. Outdoors Inc** ☞ A mental health service that runs outdoor activity programs ☞ 9417 2111 ☞ 231 Napier St, Fitzroy ☞ www.outdoorsinc.org.au
- j. St Vincent's Mental Health Service** ☞ 1300 558 862 ☞ 46 Nicholson St, Fitzroy ☞ www.svhm.org.au

3. Alcohol & Other Drugs Services

- a. Catholic Care's AOD Family Service** ☞ Provides counselling support for individuals and families affected by alcohol or other drug use ☞ 8417 1210 ☞ 23 Brunswick St, Fitzroy ☞ www.ccam.org.au
- b. DePaul House** ☞ Community residential drug withdrawal service, connected with St Vincent's Hospital ☞ 9288 2624 ☞ 9 Brunswick St, Fitzroy
- c. Innerspace Drug Safety Services** ☞ Primary health care service for people who previously or currently inject drugs ☞ 9468 2800 ☞ 4-6 Johnston St, Collingwood ☞ www.innerspace.org.au
- d. Odyssey**** ☞ Drug and alcohol treatment and support ☞ 9420-7600 ☞ 660 Bridge Road, Richmond ☞ www.odyssey.org.au
- e. Quin House** ☞ An abstinence based residential service supporting men with substance abuse issues ☞ 9419 4874 ☞ 40 George St, Fitzroy* www.vinnies.org.au
- f. St Vincent's Drug & Alcohol Service** ☞ Information and referral service ☞ 9288 2211 ☞ 82 Fitzroy St, Fitzroy
- g. Turning Point Drug and Alcohol Services** ☞ Specialist medical appointments for people with AOD, addiction psychiatry and NSP ☞ 8413 8413 ☞ 54-62 Gertrude St, Fitzroy ☞ www.turningpoint.org.au
- h. Youth Support and Advocacy Service** (Head Office) ☞ Provides counselling and support to youth dealing with AOD issues ☞ 9415 8881 ☞ Lvl 1, 131 Johnston St, Fitzroy ☞ www.ysas.org.au

4. Health Services

- a. Inner North West Primary Care Partnership**** ☞ Collaborating for integrated health promotion, service coordination and integrated chronic disease management. ☞ 9389 2231 ☞ 11 Glenlyon Road, Brunswick ☞ www.inwpcp.org.au
- b. Multicultural Centre for Women's Health** ☞ Health-related education, advocacy and outreach services for immigrant and refugee women ☞ 9418 0999 ☞ S207, Lvl 2, Carringbush Building, 134 Cambridge St, Collingwood ☞ www.mcwh.com.au

- c. North Richmond Community Health**** ☞ Health services for diverse communities ☞ 9418 9800 ☞ 23 Lennox Street Richmond ☞ www.nrhc.com.au
- d. North Yarra Community Health Service** ☞ Health and wellbeing service for City of Yarra Residents ☞ Collingwood: 9411 4333 & Fitzroy 9411 3555 ☞ 365 Hoddle St, Collingwood & 75 Brunswick St, Fitzroy ☞ www.nych.org.au
- e. Sister Francesca Healy Cottage** ☞ Short-term homeless service offering nursing and personal care support in supportive residential environment ☞ 9288 3735 ☞ 80 Fitzroy St, Fitzroy ☞ www.shekinah.org.au
- f. St Vincent's Hospital** ☞ Hospital (private and public) with different areas of health support with a disadvantage focus ☞ 9288 2211 ☞ 41 Nicholson St, Fitzroy ☞ www.svhm.org.au

5. Disability Services

- a. Disability Sport & Recreation** ☞ Health-promoting peak organisation for the disability sport and recreation sector in Victoria ☞ 9473 0133 ☞ 341 George St, Fitzroy ☞ www.dsr.org.au
- b. Job Co** ☞ Disability employment service ☞ 9415 6088 ☞ Lvl 1, 62-70 Johnston Street, Fitzroy ☞ www.jobco.com.au
- c. Independence Australia** ☞ Disability Support service ☞ 1300 704 456 ☞ 208 Wellington St, Collingwood ☞ www.independenceaustralia.com

6. Housing Services

- a. Human Services - Office of Housing** ☞ Placement into public and social housing ☞ Collingwood: 9417 5144 & Fitzroy 9093 5000 ☞ 229 Hoddle St, Collingwood & 90 Brunswick St, Fitzroy
- b. Launch Housing** ☞ Provides housing and support services ☞ 1800048325 ☞ 68 Oxford St, Collingwood ☞ www.launchhousing.org.au
- c. Mind Australia - Fintroy**** ☞ Long-term supported accommodation for 16-64 year olds ☞ 94894272 ☞ Unit 3, 104 Hodgkinson St, PO Box 289, Clifton Hill ☞ www.mindaustralia.org.au
- d. Mind Australia - Sandridge**** ☞ Youth Homelessness service with YP experiencing trauma, abuse or emerging MH 18-25yrs ☞ 94893378 ☞ 71 Heidelberg Road, PO Box 275, Clifton Hill ☞ www.mindaustralia.org.au
- e. The Abbeyfield Society** ☞ Community housing provider ☞ 9419 8222 ☞ 250 Gore St, Fitzroy ☞ www.abbeyfield.org.au
- f. Yarra Community Housing** ☞ Provides long term housing ☞ 9288 9200 ☞ 297 Napier St, Fitzroy ☞ www.ych.org.au

7. Community Support Services

- a. Anglicare Victoria Mission House** ☞ Crisis support service ☞ 9486 0445 ☞ 122 Napier St, Fitzroy
- b. Artful Dodgers** ☞ Fully equipped art, music and multimedia studios for young people 15-27yo ☞ 94158700 ☞ 1 Langridge Street, Collingwood ☞ www.artfuldodgers.tv
- c. Brotherhood of St Laurence** ☞ Disadvantaged support service ☞ 9483 1183 ☞ 67 Brunswick St, Fitzroy ☞ www.bsl.org.au

- d. City of Yarra**** ☞ A range of in-home and community-based HACC services ☞ 9205 5555 ☞ PO Box 168 Richmond 3121 ☞ <http://www.yarracity.vic.gov.au/>
- e. Collingwood Neighbourhood House** ☞ Offers social, recreational & ESL programs/activities ☞ 9417 4856 ☞ 253 Hoddle St, Collingwood ☞ <http://banh.org.au/>
- f. Connexions** ☞ Counselling program for young people with mental health and substance use concerns ☞ 9415 8700 ☞ 1 Langridge Street, Collingwood ☞ www.jss.org.au
- g. Department of Health & Human Services** ☞ Redirects: Health information, Child Protection, Disability & Housing enquiries. ☞ 1300 360 408 ☞ 145 Smith St, Fitzroy ☞ <http://dhhs.vic.gov.au/>
- h. St Mary's House of Welcome** ☞ Community support service for marginalised communities, focusing on improving mental health. ☞ 9417 6497 ☞ 165 Brunswick St, Fitzroy ☞ www.smhow.org.au

8. Aboriginal Services

- a. Victorian Aboriginal Health Services Co-Op** ☞ Health and Wellbeing service ☞ 9419 3000 ☞ 186 Nicholson St, Fitzroy ☞ www.vahs.org.au
- b. Aboriginal Family Violence Prevention & Legal Service** ☞ Support service for victims of family violence ☞ 9244 3333 ☞ S18 L3 70-80 Wellington St, Collingwood ☞ www.fvpls.org.au

9. Legal Services

- a. Fitzroy Legal Service** ☞ Legal support and advice ☞ 9419 3744 ☞ 124 Johnston St, Fitzroy ☞ www.fitzroy-legal.org.au
- b. Neighbourhood Justice Centre** ☞ Support Services and community court ☞ 9948 8777 ☞ 241 Wellington St, Collingwood ☞ www.neighbourhoodjustice.vic.gov.au
- c. Refugee and Immigration Legal Centre** ☞ Community legal centre specialising in refugee and immigration law, policy and practice ☞ 9413 0101 ☞ Lvl 1, 121-123 Brunswick St, Fitzroy ☞ www.rilc.org.au

10. Family Services

- a. Anglicare Victoria** ☞ Supporting families in times of need ☞ 1800 809 722 ☞ 103 Hoddle St, Collingwood ☞ www.anglicarevic.org.au
- b. Connie Bean Centre** ☞ A family and children's services hub ☞ 9426 1500 ☞ 160 Brunswick St, Fitzroy ☞ <http://www.yarracity.vic.gov.au>
- c. Domestic Violence Resource Centre** ☞ Information and referral service ☞ 9486 9866 ☞ 292 Wellington St, Collingwood ☞ www.dvrcv.org.au
- d. Good Shepherd Youth & Family Service** ☞ Support and housing for disadvantaged families ☞ 9270 9300 ☞ 117 Johnston St, Collingwood ☞ www.goodshepvic.org.au
- e. Kildonan Uniting Care** ☞ Aims to maintain good family relations and provide support ☞ 9412 5700 ☞ 1 Gold St, Collingwood ☞ www.kildonan.org.au

**** Service located outside perimeter of map provided**

Services Map updated by Yarra Mental Health Alliance 2015

